Winter Dog Safety Checklist

Cold-weather walks, paw care and antifreeze prevention on one page.
Ask your veterinarian what's right for your dog's age, coat and health.

Dog Information

DOG'S NAME _____

COAT TYPE / SIZE _____

VETERINARIAN & PHONE _____

NEAREST EMERGENCY VET & PHONE _____

ANIMAL POISON CONTROL PHONE _____

Before Every Winter Walk

Cold-weather walks

- ☐ Check temperature, wind and wet
- ☐ Shorter walks when it's very cold
- ☐ Coat for small, short-coated, senior dogs
- ☐ Reflective gear or light after dark
- ☐ Avoid frozen ponds and thin ice
- ☐ Head home if shivering or lifting paws

Paw care

- ☐ Booties or paw balm before the walk
- ☐ Fur between pads trimmed
- ☐ Pick cleared, unsalted routes
- ☐ Wipe paws, legs and belly after
- ☐ Check pads for cracks or ice balls
- ☐ Pet-friendly de-icer on our steps

Antifreeze & Winter Chemicals

- ☐ Antifreeze stored sealed, up high or locked away
- ☐ Garage and driveway checked for drips; spills cleaned right away
- ☐ Dog kept away from puddles in parking lots and on roadsides
- ☐ Ice melt, windshield fluid and rodent bait out of reach
- ☐ Poison control and emergency vet numbers saved in my phone

Antifreeze tastes sweet and is highly toxic to dogs. If you think your dog swallowed any, call your vet or animal poison control right away; don't wait for signs.

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Always confirm vaccines and schedules with your veterinarian. © 2026 Dognition, LLC · dognition.com

Indoors & In the Car

- [ ] Guards on space heaters and fireplaces
- [ ] Warm, dry, draft-free bed off the floor
- [ ] Dog never left alone in a cold car
- [ ] Indoor games planned for very cold days

Winter Walk & Paw Log

DATE	WALK LENGTH	WEATHER	PAWS CHECKED	NOTES

NOTES (VET ADVICE, GEAR SIZES, WHAT WORKED)

Sources: AVMA Cold Weather Animal Safety, avma.org; ASPCA Cold Weather Safety Tips and Animal Poison Control, aspca.org; Pet Poison Helpline, petpoisonhelpline.com. Not veterinary advice.

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