Puppy Shot Schedule & Tracker

A printable tracker for your puppy's first year of vet visits. Ages are typical ranges from AAHA canine vaccination guidelines; your vet sets the exact plan.

Puppy Information

PUPPY'S NAME _____

DATE OF BIRTH _____

BREED _____

DATE BROUGHT HOME _____

VETERINARIAN _____

CLINIC PHONE _____

First-Year Vaccine Tracker

TYPICAL AGE	USUALLY DISCUSSED	DATE GIVEN	NEXT VISIT	DONE
6–8 weeks	DHPP #1 · first exam			☐
10–12 weeks	DHPP #2 · leptospirosis · lifestyle vaccines discussed (bordetella, Lyme, flu)			☐
12–16 weeks	Rabies (timing set by local law)			☐
14–16 weeks	DHPP #3			☐
16+ weeks	Final DHPP dose (not before 16 weeks) lifestyle boosters			☐
6 months	Spay/neuter talk · heartworm test			☐
12–16 months	DHPP & rabies boosters			☐
				☐
				☐

Dognition · dog cognition science from Dr. Brian Hare & Vanessa Woods, authors of The Genius of Dogs and Puppy Kindergarten.
Always confirm vaccines and schedules with your veterinarian. © 2026 Dognition, LLC · dognition.com

Questions to Ask at Each Visit

- Which lifestyle vaccines make sense for where we live and travel?
- When is it safe to start puppy class, daycare or boarding?
- When should heartworm and flea & tick prevention start?
- When is our next appointment, and what will it cover?

Socialize Safely Before Shots Are Finished

Weeks 8–18 are the socialization window. Vanessa Woods's Puppy Kindergarten research recommends short, positive exposures to people, sounds and surfaces, plus clean, vaccinated-puppy classes, while avoiding dog parks and unknown dogs until your vet says your puppy is protected.

Free companion download: the Puppy Kindergarten Starter Checklist at dognition.com/puppy-kindergarten-checklist

NOTES (REACTIONS, VET INSTRUCTIONS)

Weight Log

DATE	AGE	WEIGHT	NOTES

Source: AAHA Canine Vaccination Guidelines (2022 update), aaha.org. This tracker is not veterinary advice; follow your veterinarian's schedule.

Ready to see how your puppy's mind develops? Try the Dognition Assessment at dognition.com/how-it-works

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