Puppy Potty Training Log

Two weeks of potty trips at a glance, plus a typical daily schedule to start from.

About Your Puppy

PUPPY'S NAME

START DATE

AGE AT START

POTTY SPOT & CUE WORD

A Typical Daily Potty Schedule

Typical times many puppies need to go out. Every puppy is different, so adjust to yours and ask your vet if something seems off.

WHEN	WHY IT'S TYPICAL	YOUR PUPPY'S TIMES
After waking	Bladders fill overnight and during naps.	
After meals	Eating and drinking get things moving.	
After naps	Take your puppy out as soon as they wake.	
During & after play	Excitement often brings a sudden need to go.	
Before bedtime	A last trip helps the night go smoothly.	

Three Tips From Puppy Kindergarten

- Use the same door and the same outdoor spot every time, so the right place is the easiest one to remember.
- Reward outside within a few seconds of your puppy finishing, not once you're back indoors.
- Clean accidents with an enzyme cleaner so the smell doesn't invite a repeat.

Next steps: Puppy Kindergarten Starter Checklist — dognition.com/puppy-kindergarten-checklist

Track first-year vaccines: Puppy Shot Schedule & Tracker — dognition.com/puppy-shot-schedule-printable

How to fill the log: in each box write P = pee, B = poop, and O = outside or X = accident. Example: "P B O".

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Week 1 Log

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Accidents							
Notes							

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Week 2 Log

TIME	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
Accidents							
Notes							

Curious how your dog thinks? Try the Dognition Assessment at dognition.com/how-it-works

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Vaccination records, puppy shot schedules, sitter sheets and more — dognition.com/free-printable-dog-forms

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