Poop & Digestion Log

A simple daily record of stool, appetite and diet changes. Bring it to your vet.

About Your Dog

DOG'S NAME _____

AGE / WEIGHT _____

USUAL FOOD _____

VETERINARIAN & PHONE _____

Daily Log

Describe stool in your own words, for example firm, soft, mushy or watery. Note anything unusual you see.

DATE	STOOL (YOUR WORDS)	COLOR	APPETITE	VOMITING	WATER	DIET CHANGES	NOTES

Dognition · dog cognition science from Dr. Brian Hare & Vanessa Woods, authors of The Genius of Dogs and Puppy Kindergarten.
Always confirm vaccines and schedules with your veterinarian. © 2026 Dognition, LLC · dognition.com

Daily Log (continued)

DATE	STOOL (YOUR WORDS)	COLOR	APPETITE	VOMITING	WATER	DIET CHANGES	NOTES

Bring This to Your Vet

This log helps your vet see patterns. It isn't a diagnosis. Your vet decides what the changes mean and what to do.

Call your vet if your dog:

- Seems unwell, weak, in pain or not like themselves
- Has vomiting or diarrhea that keeps coming back
- Won't eat or drink, or you see blood in stool or vomit
- Is a young puppy, a senior, or has a health condition and shows any change

QUESTIONS FOR YOUR VET

Curious how your dog thinks? Try the Dognition Assessment at dognition.com/how-it-works

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